

PROTOCOL FOR “MAKING SPIRITS BRIGHT” REHEARSAL AND SHOW AT THE JEANNE RIMSKY THEATRE

Theater Rehearsal: Friday, December 8th: 4 pm- approx. 8 pm

Arrival for rehearsal:

- **NO CARS PERMITTED IN LANDMARK PARKING LOTS.**
- Parking options: side streets or firehouse lot on Webster Ave.
- Use front entrance of Jeanne Rimsky Theater and sign in.
- **Parents of children 8 years and under should stay for the duration.**

Pick up for rehearsal

- Dancers may leave once all of their dances have been rehearsed.
 - This rehearsal is subject to delays; pick-up time may vary.
 - Children should carry a contact phone number.
 - **NO CARS PERMITTED IN LANDMARK PARKING LOTS.**
 - Parking options: side streets or firehouse lot on Webster Ave.
 - Dancers must sign out in the lobby.
 - Upon sign-out, parents of dancers 8 years and under will be issued an ID bracelet. You must present this to pick up your child after the show. Please make sure that the parent who will be picking the child up from the show has this bracelet on show day.
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Show: Saturday, December 9th, 3:00 pm

1:30 pm arrival for: Next Generation

Junior Repertory

ALL Senior Repertory

2:00 pm arrival for: Youth Dance Theater 1, 2, 3 & 5

Young Creators

Arrival for show

- **NO CARS PERMITTED IN LANDMARK PARKING LOTS.**
- Parking options: side streets or firehouse lot on Webster Ave.
- All dancers use front entrance.
- Dancers 8 years and under must escorted by a parent to their dressing room.

Pick up for show

- Only the parent in possession of the ID bracelet will be permitted backstage to retrieve your child.
- Parents of older dancers should wait for their dancer in the theater.
- No one will be permitted backstage, unless you are a parent volunteer.

12 years and younger: preparation for rehearsal and shows

Professional photography will be taking place both days. Please adhere:

- Arrive at the theater in leotard and tights.
- Arrive with hair in a **low ballet bun** (no “bunmakers”).
- Arrive **in makeup**: red or dark lipstick, blush, neutral-tone eye shadow (white/ivory, golden, browns)
- No underwear may be worn under costumes.
- No nail polish on fingers or toes.
- No “tattoos” or markings on body.
- Remove ALL jewelry, and hair elastics from wrists.
- No eating in costume, water only.

Please pack the following (label all items):

- All costumes and costume parts, including base leotards and headpieces.
- You will keep your costumes until after the show.
- All costumes are the *property of the Berest Dance Center* and must be left at the theater after the show.
- All necessary dance shoes.
- All necessary tights.
 - **All dancers need clean, hole-free pink ballet tights. YDT 1 and Young Creators need footed tan dance tights in addition.**
- Touch-up materials for hair: hairspray/gel, hair pins, bobby pins
- Touch-up materials for makeup: red or dark lipstick, blush, neutral-tone eye shadow (white/ivory, golden, browns)
- Water (no juice, please), and a nut-free, non-messy snack to be eaten on breaks.

13 years and older: preparation for rehearsal and shows

Professional photography will be taking place both days. Please adhere:

- **Full hair and makeup are required for BOTH the Theater Rehearsal and Show.**
- Arrive at the theater in low bun with side part and full makeup (diagram attached).
- You must wear a flesh-colored “base” leotard to rehearsal facilitate changing in the audience.
- NO Jewelry or hair elastics on wrists.
- No nail polish on fingers or toes.
- No eating or drinking in costume besides water.
- Only-non messy, non-smelly, nut-free food will be permitted.
- Packing:

- All costumes, *property of the Berest Dance Center*, must be brought to the rehearsal, taken home, and brought back for the show, left at the theater after the show.)
- All necessary tights:
 - **Next Generation : Pink ballet tights**
 - **Junior Repertory: Pink ballet tights**
 - **Senior Rep. 6A: black full-length leggings**
 - **Senior Jazz Rep. : Tan footed tights with tan fishnet tights**
 - **Senior Music Hall Rep: Tan footed tights with tan fishnet tights**
- All necessary undergarments (see below)
- All necessary dance shoes
- Extra Hairpins, bobby pins, hairnets (must match your hair color), hair spray/gel
- Make-up (must include dark or red lipstick)
- Warm-ups (sweater, leg warmers, etc.)
- Small sewing kit
- Portable mirror
- Water bottle
- Non-messy, nut-free snacks (may not be eaten in costume)
- Suggested Personal items: deodorant, toothbrush/toothpaste, dental floss, mouthwash, Q-tips, tampons, clear nail polish/for stocking runs, nail polish remover, nail file, headphones, instant ice packs, Advil, etc.

● **Please carefully review the following policy regarding undergarments:**

Please avoid wearing undergarments as much as possible. However, if you feel the need to wear anything under your costume, you may choose from the following options:

-*Flesh colored leotard*: with fabric straps, which are covered with your foundation makeup.

-NO CLEAR PLASTIC STRAPS will be permitted.

-If your leotard came with clear straps, the straps must be replaced.

-A preferable solution is to sew on ballet slipper elastic, which takes makeup well.

-The leotard must match the line of the costume and not be visible in the front or back.

-*Flesh colored bra*: although bras are generally not worn with dancewear, they may be worn for extra support if necessary.

-Bras should be smooth (no padded cups), sports-type bras with camisole straps and a stretchy back that can be pulled down and tacked (sewn) into costumes so that it is not visible

-Same rules about straps apply, as with leotards, stated above.

-*Flesh-colored thong*: recommended for any of the following situations:

-If the costume is a unitard.

-If you have your period

Please keep these requirements in mind when packing, and plan accordingly.

STAGE MAKEUP FOR DANCE



Base: Apply foundation (should be a shade darker than your own skin).

Apply translucent powder (optional)

Eyes: Apply primer (neutral powder) fully covering eyelid and up under brow and blend. Apply mid-tone to lid, darker shade (contour) in crease of eye as well as outer 1/2 of lid (see closed eye on diagram), and finally lightest shade (highlight) under brow bone and in inner corner of eye.

Apply black liner across upper lashes and lighter liner (brown) across lower lashes.

Use brown pencil to fill in / elongate eyebrows.

Apply waterproof mascara to upper lashes.

Cheeks: Use a darker tone blush to define cheekbones (see shape of shading on diagram).

Lips: Moisten with chapstick of some sort, then apply dark/red lipstick. Use a liner the same color or slightly darker to keep lips neat-looking.